



RULES & PENALTIES

DISQUALIFICATION

Sleeping Fields

Teams or participants found sleeping in undesignated sleeping areas (such as exchange parking) must move to a designated sleeping area (tents are now allowed)! **If participants do not agree to move to a designated sleeping area (Exchange 18, Leg 24, Exchange 24, or Exchange 30), they will be disqualified from the race.**

Headphones

Participant use of headphones or audio amplification devices are banned during participation in the relay. These devices severely impede runner/walker ability to hear surroundings and are a safety hazard.

Team Vehicles in Restricted Areas

Teams found with more than two vehicles on the race course **or more than one vehicle in one of the restricted areas will be disqualified.** (Areas restricted to one van include: Legs 19-23 and Legs 32-36).

Reflective Gear

From 6:00pm through 7:00am, all participants must wear a **reflective vest, carry a flashlight** (or **HTC/PTC Hat with Headlight**), and **wear one front and one back LED flasher!** Each team must present two (2) reflective vests, two (2) flashlights (or approved **HTC/PTC Hat with Headlight**), and two (2) LED flashers for inspection at the Start Check-In Tent. Teams are then issued the official race wrist wrap.

Three Volunteers per Team

Each "local" team is responsible for ensuring all of their volunteers show up at the appointed time, to their assigned job and fulfill the tasks required. If a volunteer cannot report to duty, it is up to the Team Captain to find an alternate volunteer and make sure they report to the appointed job site.

Failure of a volunteer assignment to be fulfilled will result in disqualification without appeal.

Start Time

Any teams found starting the race earlier than their assigned Start Time will be disqualified (see **Seeding** page)

Grossly Inaccurate 10k Times

Teams who finish over 2.5 hours faster than their anticipated finish time (based on 10k times submitted).

Public Nuisance Rule

Participants who are reported to have littered, urinated, or defecated on private property will *immediately be disqualified*. Please use good judgment and be considerate of property owners along the course. Portable toilets and ample garbage containers are provided at each exchange point.

Save the Party for the Beach!

Open alcoholic containers, drinking, inebriated participants or volunteers on the course will immediately be disqualified.

No Oversize Vehicles

No vehicles 6'6" or wider, or longer than 20', motor homes, buses or limos are allowed on the course by any team or team support. If you have doubts about the legality of your vehicle, contact the **HTC/PTC Office** prior to the relay.

No Bicycles or Dogs

No bicycles or dogs are allowed to accompany participants on the race course. Team members found biking the course are assumed to be accompanying participants and the team will be disqualified.

Scoring Sheet

Teams who do not provide a completed Scoring Sheet at the finish of the relay may be disqualified.

60 MINUTE PENALTY

Participant Rotation

All teams are to rotate their team members in the same sequence throughout the race. (e.g. If a participant begins on Leg 2, he/she must stay in the number 2 position throughout the race. The participant would then rotate to Leg 14 and Leg 26. This sequence should continue unless a teammate has dropped out).

Mixed Division Participant Drop Out

If a runner/walker on a Mixed Division team becomes injured and drops out during a leg, the injured runner/walker must be replaced with the next team member in rotation of the same gender. (See Handbook for additional details and examples.)

Participant Drop Out

If a team member drops out due to injury during a leg, the only the next runner or walker in rotation can take the wrist wrap and continue, (but only to the next exchange point). The next person in rotation can only finish the unfinished portion of the previous leg and go no further. A handoff must occur at the exchange point to the next participant in rotation. No more than one substitution in one leg is allowed. (See Handbook for additional details and examples.)

Race Officials

Course volunteers at exchanges are considered Race Officials. They have authority to disqualify a team for rule violations, abusive behavior, or team failure to follow instructions given by volunteers. **Abusive treatment or disregard for their authority will result, at minimum, in a 60-minute penalty.**

Travel on the Left

Participants must travel along the left shoulder of the roadway at all times, unless officially instructed otherwise (Leg 1, 2, 3, 4, 5, 6, 14, 15, 16). They must carry a working flashlight (or approved **HTC/PTC Hat with Headlight**) and wear a reflective vest from 6:00pm through 7:00 am.

Display of Team Vehicle Signs

Each team should provide two (2) vehicles. Official vehicle signs will be issued to each team vehicle. A 60-minute penalty will be assessed for failure to properly display these signs. A team found with more than two vehicles on the race course **or more than one vehicle in one of the restricted areas will be disqualified.**

30 MINUTE PENALTY

Race Numbers/Wrist Wraps

Race bibs must be worn at all times and the Wrist Wrap must be carried/worn at all times throughout the race.

No Parking on Road Prior to Exchange

No parking is allowed along the road within 500 feet prior to an exchange. Parking is allowed in designated areas only after the exchange point marker. Please park off the road **as far as possible**, watch for participants, and stay alert to other traffic.

Vehicles Following Participants

No vehicles will be allowed to follow behind participants to illuminate the road during night-time legs. These vehicles severely impede traffic.

Conduct on Race Course

Any conduct deemed unsafe or unsportsmanlike like by Race Officials will not be tolerated. This also includes van decorations that are overtly suggestive, sexual, or contain foul language.