



The 28<sup>th</sup> Annual Hood To Coast & Portland To Coast Relays would not be possible without the support and service of over 3,500 dedicated race volunteers!

In order to ensure that trained Exchange Captains are provided for the duration of the event, and at all 35 Exchange Points, the Relay is offering a special opportunity.

**If your team provides one (1) strong individual to represent your team as a race Exchange Captain, your team's requirement of providing three (3) race volunteers will be waived!**

- **Responsibilities:**

Manage logistics for one Exchange, supervise placement and check-in of exchange volunteers, direct exchange operations, enforce relay rules, and coordinate with Race Officials. Once confirmed as a Captain, additional information will be provided. Shifts vary from 10-15 hours over race weekend (August 28-29), with specific shift time and placement to be arranged. A mandatory pre-race 'Exchange Captain Training Session' will also be coordinated for all incoming Exchange Captains.

- **Important Note:**

The job as an Exchange Captain should be taken extremely seriously. In the event that your volunteer Exchange Captain is absent on race day, your team will be disqualified and all team members will be banned from participation in the following year's relay.

- **Contact To Have Your Volunteer Apply (first come first serve):**

Hood & Portland To Coast Relay Office

Jude Hubber

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email: [office@htcrelay.com](mailto:office@htcrelay.com)